



#### ST. FRANCIS DE SALES SCHOOL

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#### PRINCIPAL'S MESSAGE



*Reading maketh a full man; conference a ready man; and writing an exact man,* says Francis Bacon. This quote is a reminder to every individual regarding the importance of writing. They say that school is the place where students begin the art of writing and communicating. I am sure none of us can ever contest this premise. Out of the many skills that schools provide, writing skill is one of the most important. Writing is not only the words which we write on a piece of paper but also the effective communication of complex ideas in the simplest form of words that even a layman can easily understand.

Writing skill is also very important for excellent academics as well. Writing especially in the modern education method has become so imperative that, it is very hard to survive in the competitive environment of learning, by making mistakes like blatant syntax errors, spelling and grammatical mistakes that will result in losing great amount of marks. Even for an admission into institutions of great repute, cracking a recruitment process, appearing for any examination from class test to Board Exam leading to various entrance examinations, writing dissertations and thesis in doing research and doctoral studies, developing the new age skill of critical thinking, all need impeccable writing skills devoid of even a minor mistake.

SFS School always realized the importance of creating persons of quality writing habits and skill. Desalite news & more is an initiative in this direction to provide a platform to the students to keep improving their passion for writing. I congratulate the students and teachers for bringing out this latest issue of the newsletter on time. May it inspire many more to take up the pen which is mightier than a sword yesterday, today and shall be for tomorrow as well.

God bless SFS

**Fr. George Thomas**  
Principal

## TEACHER'S TRAINING (2ND – 5TH APRIL 2018)



We were highly privileged to undergo a training under the supervision of Mr Dinesh Lahoti, Dr Loya Agarwala and other resource persons.

It was a four day programme wherein we got to know a lot of things related to effective teaching and child psychology. During the training we came to know about the different mindsets and how

mindsets play a crucial role in the development of a child. We were extremely privileged to partake in a session on child psychology in which we learnt effective ways of handling a child- be it anger management, self awareness, or social awareness.

The third session was a departmental session where each department took active part in preparing activities and

using innovative techniques to make their class more interesting. Finally we had a session on assessment wherein we dealt with different ways of assessing a child, importance of peer feedback or peer assessment, different ways of questioning and most importantly self assessment. At the end of it , I think, we came out better educators.

*Srijana Lama, Asst Teacher*



### NEW SESSION

On 17<sup>th</sup> April 2018 the new academic session began. The children were in high spirits and there was quite a buzz all around. It was a new surrounding for the first timers- the students of class I. Unaccustomed infrastructure, unfamiliar faces and untried books made the young ones quite petrified clinging on to their parents for their life. However, they soon realised that they were in a good place once the assembly started. They stood in lines holding bright burning candles in their hands. They felt welcome. Parents of these young ones were no less nervous but they were assured by our principal that they were in safe hands. And so it was the beginning of new beginnings. God bless us all..

*Jeet Pathak and Chinmoy Mazumdar (X-B)*



### FELICITATION OF THE RANK HOLDERS / OATH TAKING

‘Hard work and dedication lead to success’. On the 27th of April 2018, the school felicitated the rank holders and star students of 2017-2018 in the morning assembly. The three toppers of each class were awarded their rank badges which will adorn their uniform for the year 2018-19. The star students were also felicitated.

The newly appointed captains, vice captains, head boy/girl school captain, and school vice captains promised, in an oath taking ceremony, that they would do their duties to the best of their abilities.

*Christina Mushahary, XII SC*



## FACULTY DEVELOPMENT PROGRAMME AT SFS NARENGI

St Francis De Sales School, Narengi organized a Faculty Development Programme from 25th to 31st July 2018 in collaboration with Indian Institute of Technology, Guwahati. The objective of the programme was to equip the teachers with 21st century technological skills. It was a six-day programme, spread over three phases. The first phase of the training was on information communication tools (ICT) led by Mr Saumyajeet Chowdhury and Mrs Lavanya Rao from Hyderabad. The first two sessions were based on ICT tools which inspired and motivated the teachers to implement the tools effectively in class.

The second phase was led by Mr Anjan Choudary and it was about behavioural remodelling of the teachers. The three-day programme dealt with life skills and personality development. The discussion centred around personality traits and behavioural processes. The third and the last session was on psychotherapy. It was a full day programme where Mrs Triveni Bhattacharya led the teachers through behavioural approaches of the human fraternity and helped them to understand people,

particularly their students, before dealing with them. The programme achieved the objective of minimizing the gap between teachers and the 21st century students. The programme ended on Tuesday, 31<sup>st</sup> July, with the distribution of certificates to the participants. The participants expressed their gratitude to Ms Binita, the organizer from IIT Guwahati and Fr George, the Principal SFS, for this enriching programme.

*Pavan Upadhyaya, Asst teacher*



## INTER SCHOOL CAMP, SOUTH POINT

A group of scouts and guides from SFS School, participated in this camp held at South Point School, Guwahati. The participants were very excited as they reached the venue at 12 o'clock on 18th March 2018. Having registered themselves, they participated in the Flag Ceremony and got into the camp. There were a number of sessions on topics such as mapping and estimation. One of the SFS participants was awarded 'the best scout' from among 70 other scouts in the camp. They returned on 22nd March. Everyone was thrilled with the experience of the camp and the award received.

*Nilanjan Das, IX-A*

## RELEASE OF THE ANNUAL SCHOOL MAGAZINE & HONOURING OF THE NCC CADETS

*Success touches the feet of those who know how to do hardwork.*

23rd May, 2018 was a memorable and auspicious day for the Desalite family. The 13th edition of SFS magazine was released by the Chief Guest of the day, Shri Virendra Mittal, IAS, Deputy Commissioner, Kamrup Metro. His inspirational talk after the release of the magazine will stay in the minds of all for a long time to come. It was also a special moment for Sir Dilip Subedi, Associate NCC Officer, as the honour of 'Lieutenant Rank' was conferred on him by the Chief Guest. Shri Mittal also distributed the ranks among the NCC cadets. The Chief Guest added to the grandeur of the day by his presence and inspiring message.



*Tanmay Das & Ananya Gogoi*

## LEADERSHIP TRAINING



Leadership is the ability to take initiative and lead a group of people for a positive cause. A true leader's greatest strength is positive attitude.

On 23rd June 2018, the school organized a leadership training for the school captains in the Conference Hall. It was a very stimulating session led by Fr John Barman. He motivated the school captains and instilled in them the importance of positivity, especially when you lead others. The most interesting part of the session was a group activity which was used to

focus on the importance of team work. The captains, along with the head girl and the head boy would like to thank Fr. George for providing them with such a life-changing experience.

*Arup Rabha, XII (Commerce)*



## FELICITATION FOR CLASS X AND CLASS XII STUDENTS



Appreciation goes a long way in motivating people. A felicitation programme was organized by the school on the morning of 2nd June 2018 to honour the victorious students of the AISSE and AISCE examinations.

The programme was graced by the presence of ACP Purabi Mazumdar,

with a prayer song, followed by a traditional Bihu Dance and an inspiring speech by the chief guest, ACP Purabi Mazumdar. All students who scored 90% or more were presented mementos. In addition, the toppers from Class XII students received cash awards, while toppers from Class X students were awarded

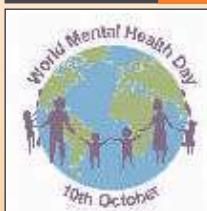
OC Pranjal Chilia and the renowned news reader and debater Deepak Sharma. The programme commenced at 9.45 pm

scholarships. A colourful cake was cut to celebrate the impressive 100% pass rate of the school in both AISSE and AISCE examinations. The programme ended with the national anthem.

*Partha Pratim Sarma, XI-Science*



## WORLD MENTAL HEALTH DAY



The Psychology Department of SFS, Narangi, organised 'World Mental Health Day' on 10th October, 2018. Various posters related to mental illness were put up all around the school to create awareness amongst all present there. A beautiful Mime was enacted by the students of Class XI on

the theme 'Problems faced by Teenagers' (Depression and suicide). The punch line of the whole programme was 'Living the present and in the present'. The whole programme was organised under the guidance of the teachers of Psychology.

*Shilpisikha Patgiri, Class XI*

## SFS SCHOOL CELEBRATES THE YOGA DAY



Yoga is a journey of the self, to the self and through the self.

The idea of celebrating an International Day of Yoga was proposed by Prime Minister Narendra Modi during his speech at the UNGA on 27th November 2014. Since its inception in the year 2015, June 21st has been celebrated as the International Yoga Day all over the world. This year too PM Narendra Modi led a large group of about 50,000 volunteers to mark the third

anniversary of International Yoga Day. The theme for 2018 Yoga Day was fittingly 'Yoga for Peace'.

This year, SFS School celebrated the day with great enthusiasm. There was an one-hour of workshop from 6 am to 7 am. The NCC cadets, the scouts and the guides from the school attended the workshop. The students were introduced to a variety of 'asanas' by Sir Dilip Chetri. Sir Dilip Subedi and Madam Mukta Das also joined the students in this amazing experience. The students learned and practised asanas like Surya Namaskar, Uttanasana, Virasana, Padmasana and Sarvaganasana. The main aim of this workshop was to raise awareness and ignite a passion for fitness and yoga

among students. If the students felt drained at the end of the workout, they were also served a delightful breakfast.

*Hridisha Saikia, Class IX-A*



## WELCOME TO NEW CLASS XI STUDENTS

SFS School officially welcomed the students of class XI (Science, Commerce and Humanities Streams) to the Desalite family on 11th June 2018. Students from various streams organized a talent hunt show to showcase their skills and talents. Through their performances such as miming, dance and speech, they announced the talents they were bringing in to SFS School. It was a fun-filled event for all – for the old students continuing their journey and the new students joining their journey at SFS School.

**Violeena Dutta, XII-Science**



## CAREER SPARK

In today's dynamic and competitive world, specialization has gained great importance. Students are often left confused as to what they need to do and where their interests lie.

In this context, SFS School organized a seminar for the students of Classes 9 to 12 to give them a direction for the future. The students attended the two-hour long session with great enthusiasm. Expectedly, the session turned out to be a power-packed one. The resource person, Sir Dinesh Lahoti, emphasized the importance of recognizing one's passion, which he believes is crucial in achieving success in life. It was an informative session, where we were exposed to the various career options that are available to new graduates. Overall, it was a wonderful experience. All students are extremely grateful to the Principal and Sir Dinesh Lahoti for this enriching experience.

**Bedanta Chetri, XII-Commerce**



## WORLD ENVIRONMENT DAY



Progress is impossible without change, and those who cannot change their minds cannot change anything. The earth will not continue to offer its bounty to us unless we offer our faithful stewardship. Look around and see what we have done to mother earth.

Do you want to save mother earth? It's high time we did so. The earth is suffering because we are greedily taking more than we need. The resources are depleting, posing a threat to the very existence of human race and the earth itself. As part of our small efforts towards saving the mother earth, during the morning assembly on 5th June 2018, the Environment Club of SFS School organized a programme to create awareness among students about the importance of saving the environment. Hope our efforts will strike a chord in the young minds of today so that they will work to protect our planet tomorrow.

*Reshma Begum, Class IX-C*

## FAREWELL TO A LEGACY, WELCOME SR JOSNA

What shall we tell people when they ask us about the morning of 25th May, 2018? Will our tone be broken as we speak or will we, with heads held high say that Sr Josna, the new vice principal of SFS, Narengi, will indeed follow in the footsteps of her predecessor, Sr Pauline.



As the programme proceeded, everyone stood in silence and reverence, honouring Sr Pauline who has looked after the school for three glorious years. We could say no more than what was being said. We could do no more than what was being done for in the chasm of life, we are all under the upper hand.

A legacy has come to an end and a new one begins. With hands clasped in prayer and minds overlooking the sky, SFS will be ready for a new chapter with Sr Josna.

Adieu Sr Pauline..... Welcome Sr Josna !!!!!

*Boilen Singsong, XIISc*

## INNOVATION SUMMIT 2018



*'Innovation is seeing what others see and thinking what nobody has thought.'*

SFS celebrated its Annual Science Exhibition 2018-19 on 24th and 25th August with great jubilation and pride. The chief guest was Mr Udaya Kumar Dharmalingam, the man behind the rupee symbol. He gave a motivating speech and also addressed the students of classes 10 to 12. The

students actively participated in the exhibition with great scientific temperament and exhibited their knowledge about science and its innovations. They presented both static and working models depicting different themes such as water conservation, health and hygiene, Mathematics and digital and technological solutions. Demonstrations and explanations were given by the participants. The spectators, which included the

parents and teachers, were greatly impressed by the performances. In those two days, the school witnessed great upcoming future scientists, entrepreneurs and social innovators. The event provided a platform for the budding students to express their creativity and confidence. Thus, with this two day extravaganza, ended the annual science exhibition 2018-19 with the hope of organizing an even better one next year.

*Hridisha Saikia, IX A*



## CBSE CLUSTER I BASKETBALL TOURNAMENT 2018



CBSE Basketball tournament was organised by Miles Bronson Residential School(MBRS) from 7th to 9th September, 2018. Mr P.I Sabu, Regional Director, CBSE Guwahati, was the honourable chief guest for the opening ceremony. In his speech, he encouraged all the 30 school basketball teams to play in the right spirit and to do each of their school proud.

only the boys team took part in the under 17 category.

The U 19 boys team once again proved their calibre as they emerged the champions defeating KEA comfortably in the semi final and thrashing EMRS in the final.

The U17 boys tried their best to pull off two victories from the first two matches but fell short against MBRS

Three teams from SFS, Narengi, in different age categories participated in the tournament. In the under 19 category both the boys and the girls teams took part and

in the semi final. They had to be satisfied with the 4th position. The U19 girls' team reached the finals after defeating teams like KEA and MBRS but were not able to clinch the title as they faced EMRS, one of the best girls' basketball team in the Northeast, in the final. Having said that, all the three teams have brought glory to our school and each and every desalite is proud to have such talented teams in the school.

**Nitin Prasad, XC**



## 72ND INDEPENDENCE DAY CELEBRATION



*"One individual may die for an idea but that idea will, after his death, incarnate itself in a thousand lives. That is how the wheel of evolution moves on and the ideas and dreams of one nation are bequeathed to the next." - Subhash Chandra Bose.*

The 72nd Independence Day was celebrated in SFS school. A series of programmes were held including the flag hoisting ceremony which was the main event. The chief guest for the day was Sir Dipak Sarma, a renowned lawyer, motivational speaker and an

amazing debater. The program began with the felicitation of the chief guest by the principal followed by the stunning March past by the NCC cadets, scouts and guides and the school band. A beautiful patriotic dance and song was performed by the students followed by an astounding self defence performance by the Karate group led by Sir Gopal Mondal. The programme ended with a vote of thanks and the school anthem.

**Reshma Begum IX C,  
Rohan Sharma IX A**



## TEACHER'S DAY

*"An awesome teacher is hard to find, difficult to part with and impossible to forget."*

Teacher's day is an occasion for students to express their gratitude towards their teachers for their unending effort towards the development and betterment of their students. Students make a sincere promise to their teachers to become great citizens by imbibing the good values that they have imparted.

On 5th September 2018, Teacher's day was celebrated with much vigour and happiness. Students were more excited and were more than happy to celebrate this day. Several cultural performances were put up each of which entertained the entire audience present there. Students of class 12 were appointed the volunteers to see to the discipline throughout the program. Teachers received gifts in the form of lovely flowers and greeting cards.

It was a memorable day.

*Bhabashekhar Daimary, XII Science*



## 12TH SFS CHALLENGERS TROPHY



Basketball is not just a sport, it's an art. From 30th Aug to 2nd Sept SFS Narengi organised the most awaited tournament, the 12th SFS Challengers Trophy. About 16 schools participated with 30 teams including boys and girls. Defeating all the other teams, the home teams reached the finals. The girls played KV Maligaon with an overwhelming victory followed by the boy's team which played against Netaji School. The SFS team accomplished a win for the 9th consecutive time. The players displayed awesome teamwork that enthralled the enthusiastic spectators.

*Lakshmi Kachari & Nitin Prasad, X C*



## SCHOOL BLESSING

When we walk by faith, God supplies our needs and opens doors of opportunity for us.'

On 25th April 2018, SFS organised the blessing of the school. A prayer session was conducted by Rev. Father Varghese. After the prayer, Father Varghese, Father Santhosh , Fr Saji and Fr Praveen blessed the school and

its premises.

The day was important also because the 8th edition of the SFS Newsletter was released by Rev Fr Varghese. Then Father George handed over a copy of the newsletter to Fr Saji MSFS, the director of Facse India.

*Bhabashekhar Diamary, XII Sc*



## PRINCIPAL'S DAY



Principal's Day was a pleasant day celebrated by the Desalite family. The birthday celebration of the Principal Rev. Fr. George Thomas on 15<sup>th</sup> Sept 2018, was a joyous moment for the entire School. Students and the Staff Members had organized a special programme to express their love and gratitude towards their Principal. The Principal's room was beautifully decorated with flowers and balloons. Bundles of birthday cards, lovely rose saplings, dances, songs and music created a festive atmosphere. Principal Rev. Fr. George Thomas was

given a grand welcome and was accompanied by the school band. The school put up a short cultural programme through which teachers and students from class 1 to class 12 showed their love and gratitude by offering cards, bouquets and through dances and songs. In keeping with the tradition, the birthday cake was cut by the Principal. Chocolates were distributed to the students by the principal. The teachers also celebrated the day in a different way. A grand lunch was arranged specially for that day. In his address, he

specially thanked each and every member of the Desalite family for their contribution to the school. Vice Principal Sr. Josna in her speech said, 'The standard ability that your leadership has given to this school is incomparable to the previous years that you weren't here. You are indeed a capable leader and we need more people like you in schools'. She wished him good health and a long life. Your efforts are appreciated Father, and we hope that this school will reach a definite milestone in your tenure.

*Sangeeta Barman, Asst teacher*



## PERSONALITY DEVELOPMENT



"Adversity is the true test of character, generosity the true test of attitude and personality the true test of a human being. As humans, we know the price of everything but the value of nothing .....not even ourselves."

To give us an essence of our personality and mould us in the right way, we were given the opportunity to attend the ' personality development ' session by an esteemed dignitary; the limelight of

the day and an extremely delightful person, Mrs Loya Agarwala. One is at a loss for words when it comes to describing her as she is a lady graced with positivity and optimism. It was an immense pleasure for the students of class XI to have attended her session on 23<sup>rd</sup> June 2018. She kept us mesmerised with her stories and poems. She made us laugh, elated our hearts and taught us so many values needed for life. We enjoyed

ourselves that day playing the ' story telling game', ' revealing the acronyms', quizzes etc. It was an interactive session where everyone participated and there was happiness in everyone's hearts, motivation in the mind and spirituality in the soul.

*Sanjeev Kalita, Class XI Sc.*



## CELEBRATION OF GANDHI JAYANTI DIVAS



On 2<sup>nd</sup> October 2018, the scouts and guides, NCC and the Karate Club together participated in the Swach Bharat Abhigyan in the school. The students were led by Mukta Maam, Sir Dilip Subedi and Sir Gopal. The cadets, without any inhibitions, began the cleaning drive at 6:45 am and continued for the next three hours. They cleaned the premises outside and within the school. At the end of it they were provided with snacks. It was a day which made us realise that we need to keep our homes as well as our country clean.

*Samriddhi Singh, Class VIII-B*



## FUTURE CHEF



Chandana Das, a student of class XII has come out a winner in the competition held by IAM Future ,Assam. It is indeed a proud moment for her as well as for the school. She has received a cash prize of 1 lakh rupees along with the winners trophy. She says, " I gave my full effort in the final round which helped me win over the other finalists who were equally talented." Being a vegetarian herself, she cooked many non vegetarian items which shows her passion for cooking. To make things better the second and third prize were also won by Anindita Das ,12 Hum and Nasiha Ahmed,12 Com. We wish all of them the very best in their future.

*Mistu Paul, XII Commerce*



## NCC OFFICERS TRAINING



It is a great honour for SFS Narengi that Sir Dilip Subedi has been awarded for his excellent performance during the training conducted by the NCC Officers Training Academy where about 331 cadets from the whole of India participated. He has been awarded with the best firer award and has been promoted to the rank of lieutenant. Here's wishing him all the best and hope that he showers our school with many such accolades.

*Arif Ali, System Administrative*

## INDIA'S FOLK DANCE

On 3rd October, the students of high school witnessed a beautiful programme based on Rajasthani folk songs and dances in the premises of our school. The team is internationally known for their promotion of traditional songs and dances.

The team, which consisted of 8 members, sang folk songs

and danced in different attires. Some of the acts were quite hazardous but thrilling to watch. All the students were mesmerized with their wonderful performance. It was indeed a great opportunity provided to us by our Principal, Rev. Fr. George Thomas.

*Nancy Singh, Class 10 B*



## EDITORIAL

What makes St Francis de School unique is the fact that one can boast of Basketball champions on the one hand, and Chess champions and Science wizards on the other and academic excellence even better. As one enters the grand building that houses the SFS school, one will be mesmerized by the kind of activities that go on at various corners of the school. There is the sound of music and dance, the athletes racing to the finishing line, the commanding voices of the orators, the tingling of the beakers in the lab and several other sounds and sights. That's what you get to read about in our school newsletter.

This issue, the 9th, of the newsletter includes the talents of our students, news about the school, milestones that we have achieved and samples of our literary, sports and academic excellence. Like always, it's been a pleasure putting them together for our eager readers and well wishers. So, sit back and enjoy reading about our achievements.



## PHOTO GALLERY

## PHOTO GALLERY

